

GOVERNMENT INSTITUTE OF MEDICAL SCIENCES, GREATER NOIDA

In view of noval Coronavirus (Covid-19) infection threat, advisory for residential Societies:

1. Do not venture out of your homes during lockdown period except for essential items/ services.
2. Practice social distancing- maintaining a distance of 1 meter (about 3 feet) or more - if you have to move out of your home to buy essential items or utilize essential services like health care services.
3. Do not panic, enough measures are being taken by the authorities to effectively deal with the situation at present and for future contingency.
4. Healthy people do not need to wear any kind of surgical or N95 mask - social distancing is adequate protection from acquiring/ spreading infection.
5. Wash your hands frequently with soap and water for 30 seconds or more, especially when you go out and when you enter home. In case soap and water is not available, use alcohol based hand sanitizer for 30 seconds or more.
6. Individual members to avoid touching their face, nose, mouth as far as possible.
7. Societies may provide additional stations for hand washing at the gates themselves.
8. All society members to practice cough etiquette:
 - a) Cover your mouth and nose completely with handkerchief or tissue paper while sneezing or coughing, discard the tissue paper immediately in a closed dustbin.
 - b) If handkerchief or tissue paper is not available, use your elbow to cover your mouth and nose completely.
9. Do not panic buy/ hoard essential items like food, medicines, sanitizers, face masks. The essential services will be available during the lockdown period.
 - a) Crowding at stores increases risk of getting infection
 - b) It may also deprive needy from having access to such items.
10. Do not venture out of your homes for morning/ evening walks during the lockdown period.

11. Avoid all kind of social gatherings - birthday parties, receptions, weddings, anniversary parties, political or social movements related etc.

12. Maids and other housekeeping staff may be allowed after following proper hygiene and sanitation measures.

- a) Facility of hand washing with soap and water or Hand sanitizers may be provided at society gates for them.
- b) Knowledge and education to such staff can be imparted by the society office bearers/ members.
- c) If such a staff has symptoms like cough, fever or breathing difficulty, s/he may be directed to appropriate health facilities. Societies may provide them with the Toll Free Helpline number.
- d) Any family in home quarantine have to give their maids and other housekeeping staff mandatory off from work during the period of quarantine.

13. Societies should not ban entry of hawkers or other people providing essential services to the residents - for example milkman, vegetable vendors, food home delivery person, etc.

- a) Measures similar to as listed under 11 may be taken to ensure health of residents is not threatened.

14. Society office should make all emergency numbers and/ or helpline numbers widely known in their societies.

15. Health professionals are working towards improving the situation keeping others before their own health. Such health personnel residing in your societies should not be ostracized, harassed or asked to vacate their rented homes. If done so, it is a crime and FIR may be lodged against the concerned person, people or societies.

16. Follow the advisories or orders as given from time to time by the competent authorities.

17. For more information or any enquiry call the following toll free numbers

- a) 1075
- b) +91-11-23978046